

“Doctor, I’m Dizzy”

A CME Seminar Focused on the Diagnosis and Treatment of Patients Suffering from Dizziness and Vertigo

When: Wednesday, May 12, 2010 Registration begins at 6 pm Seminar from 6:30 pm to 8:45 pm

Where: RHI (Rehabilitation Hospital of Indiana): see “Map” for directions

Faculty: **Scott K. Sanders, MD, PhD**, Neuro-ophthalmologist

- Indiana Neuro-ophthalmology & Center for Balance, Lafayette, IN
- RHI, Indianapolis, IN

Stephanie Ford, PT, Physical Therapist

- RHI, Indianapolis, IN
- Indiana Neuro-ophthalmology & Center for Balance, Lafayette, IN

Fees: Free

Course Registration Includes: Course Syllabus, Hors D’oeuvres

Topics: Peripheral Vestibular Disorders

Central Vestibular Disorders

Assessment of the Dizzy/Imbalanced Patient

Diagnosis and Treatment of the Dizzy Patient

Canalith Repositioning Maneuvers for BPPV (modified Epley maneuver demonstration)

Vestibular Rehabilitation Therapy

This 2 hour seminar is intended for anyone who encounters patients who report dizziness, vertigo, or imbalance, ie, just about any healthcare provider. But more specifically, family practice and internal medicine physicians, otolaryngologists, neurologists, urgent care and emergency physicians, nurse practitioners, audiologists, and physical and occupational therapists. Lecture sessions will cover peripheral and central vestibular disorders and will conclude with demonstration of the modified Epley maneuver for BPPV and computerized posturography.

Objectives: List the most common causes of peripheral vertigo and discuss treatment options
List the most common cause of central vertigo and discuss treatment options
Perform the modified Epley maneuver for BPPV
Describe two types of vestibular rehabilitation therapy techniques

Accreditation and Designation Statement for Jointly Sponsored Activities:

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Indiana State Medical Association through the joint sponsorship of Lafayette Medical Education Foundation, Inc. and Indiana Neuro-ophthalmology & Center for Balance, LLC. The Lafayette Medical Education Foundation, Inc. is accredited by the Indiana State Medical Association to provide continuing medical education for physicians.

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If you answer “yes” to any of the following, this seminar is for you.

- I have patients in my practice who suffer from dizziness, vertigo or imbalance.
- I have heard about the Epley maneuver for BPPV, but I’m not sure how to do it.
- Many dizzy patients have sinus or inner ear infections as the cause of their symptoms.
- When a patient reports “dizziness”, I may treat them with meclizine.
- When a patient reports dizziness or vertigo, I may order some blood tests, carotid doppler or even a CT or MRI of the brain.

If you answered “yes” to any of the above questions, please join us at RHI on October 20 for a CME seminar.

There is much new information regarding the diagnosis and treatment of the “dizzy” patient that Dr. Scott Sanders would like to share with you.

During the seminar, Dr. Sanders will review:

- The most common causes of dizziness and how to best differentiate between them.
- How to identify and treat the three main types of BPPV.
- How to best treat patients suffering from dizziness, based on their most likely diagnosis.
- Why meclizine should rarely be prescribed for dizziness.
- The best and most cost-effective means of evaluating a patient reporting dizziness.
- The role of Physical Therapy in treating dizzy or imbalanced patients.